

# State of Nevada Department of Health and Human Services



The mission of the Aging and Disability Services Division (ADSD) is to ensure the provision of effective supports and services to meet the needs of individuals and families, helping them lead independent, meaningful, and dignified lives.

# Advocating for Nevadans

## Who We Serve

Nevada Aging and Disability Services Division provides direct services to people across the lifespan. This includes:

- Children with Disabilities
- Older Adults
- People with Disabilities
- Family Caregivers

## What We Do

The ADSD vision is that Nevadans, regardless of age or ability, will enjoy a meaningful life led with dignity and self-determination. In honor of that vision, ADSD provides services that promote independence and respect for all Nevadans. This includes, but is not limited to:

- In-Home Services
- Caregiver Support Services
- Advocacy Services

Services are offered through ADSD directly as well as in partnership with community organizations.



# Adult Protective Services

**Phone:** (888) 729-0571

Assisting vulnerable adults (age 18 to 59), in addition to persons 60 years and older who are abused, neglected, exploited, isolated, or abandoned by investigating, providing, or arranging for services to alleviate and prevent further maltreatment while safeguarding their civil liberties.



Protective services are provided if the individual is willing to accept these services.

## Who can report a case of vulnerable adult abuse?

Any person may report an incident of abuse if they have reasonable cause to believe that a vulnerable adult has been abused, neglected, exploited, isolated, or abandoned. All information received as a result of a report is confidential.

If there is immediate danger, contact local police, Sherriff's office or emergency medical service: 9-1-1.

Services include:

- Investigation
- Evaluation
- Referral to other services

Investigations begin within 3 working days of a report being received.



# Office of Long Term Care Ombudsman

**Phone:** (888) 282-1155

[Long Term Care Ombudsmen \(LTCO\)](#) are advocates for residents in long term care, which includes skilled nursing facilities, residential facilities for groups, homes for individual residential care, day care centers, facilities for long-term rehabilitation and providers of living arrangement services.

LTCO ensure residents in long term care facilities receive quality care and respect. LTCO investigate complaints and conduct regular facility visits, using a person-centered approach.

## **Ombudsman Services:**

- Assist resident with concerns related to day-to-day care, health, safety, and personal preferences;
- Provide information to the community regarding long term care in Nevada;
- Provide education to residents, families, facility staff and others on a variety of issues related to aging, long term care and resident rights; and
- Provide in-service training for long term care professionals regarding trends and best practices to improve the quality of care for residents.

For more information, please contact the LTCOP Helpline at 1-888-282-1155.

## **Volunteer Long Term Care Ombudsmen**

*Contact your ADSD Regional Office*

Volunteers are advocates for residents in long term care facilities.



Nevada Long Term Care  
**Ombudsman  
Program**

# Community Based Care

## Contact your ADSD Regional Office

The following programs provide non-medical supportive services to keep older adults and individuals with disabilities in their homes for as long as possible:

### **Home and Community Based Services (HCBS) Waiver**

#### *Frail Elderly (FE)*

For individuals 65 years and older who qualify for Nevada Medicaid.

#### *Physical Disability (PD)*

For individuals 18 years and older who have a physical disability and qualify for Nevada Medicaid.

### **Community Service Options Program for the Elderly (COPE)**

For individuals 65 years and older, meet a nursing facility level of care, and have higher income and do not qualify for Nevada Medicaid.

### **Personal Assistance Services (PAS)**

For individuals with a physical disability and higher income who do not qualify for Nevada Medicaid.

All services are based on need and determined by an assessment.



# All Populations

## **Senior and Disability Prescription Assistance Program (Senior Rx/ Disability Rx)**

**Phone:** (866) 303-6323, option 2

**Target Population:** low-income Medicare beneficiaries

This program provides a subsidy for Part D premiums to low-income older adults and people with disabilities who are Medicare eligible.

## **Office of Consumer Health Assistance (OCHA)**

**Phone:** (888) 333-1597

**Target Population:** all individuals who have medical insurance, including workers compensation

Assists consumers of healthcare and injured workers with understanding their rights and responsibilities under various health care plans and industrial insurance policies. OCHA provides education and advocacy to those who have insurance through an employer, managed care, individual health policies, Employee Retirement Income Security Act (ERISA), Nevada Workers Compensation, Medicare, or Medicaid. Access to healthcare and prescription medication assistance resources are also provided for the uninsured and under insured.

## **Taxi Assistance Program (TAP)**

**Phone:** (702) 486-3545

Allows older adults (age 60 and over) and people with disabilities to purchase discount coupons for taxicabs. *Clark county only.*

# Children Services

## Nevada Early Intervention Services (NEIS)

**Project Assist:** (800) 522-0066

**Southern Nevada Hotline:** (702) 786-9200

**Northern Nevada Hotline:** (775) 688-1341

**Target Population:** children under the age of 3 years old

Provides early intervention services to families with eligible children with a diagnosed disability or developmental delay. NEIS provides supports and services to include: service coordination, special instruction, occupational, physical, and speech therapy, nutrition, vision, and hearing services, family training or counseling, and many other services.

## Autism Treatment Assistance Program (ATAP)

**Carson City:** (775) 687-0113

**Las Vegas/Spanish Speaking:** (702) 668-3271

**Target Population:** children under the age of 20 and are diagnosed as a person with Autism Spectrum Disorder

Assists parents and caregivers with the expensive cost of providing Autism-specific treatments to their child with Autism Spectrum Disorder (ASD). ATAP provides a monthly allotment to pay for on-going treatment development, supervision, and a limited amount of weekly intervention hours based upon a child's individual treatment plan, age, and income.



# Disability Services

## People with Intellectual and Developmental Disabilities

Statewide, ASD has three (3) Regional Centers that provide services to eligible children and adults with a diagnosis of an intellectual disability or a closely related developmental disability occurring before the age of 22 years. Services can include:

- Family Support Services
- Behavioral Consultation
- Supported Living Arrangement
- Nutrition
- Jobs and Day Training
- And much more!

**For more information, contact your local Regional Center:**

*Sierra Regional Center - Northern Nevada*

**Phone:** (775) 687-2600

*Desert Regional Center - Southern Nevada*

**Phone:** (702) 486-7850

*Rural Regional Center - Rural Nevada*

**Phone:** (775) 687-5162

## Communication Access Services Program (CAS)

**Phone:** (702) 830-9103 (Video/Voice)

Provides communication access to Nevadans who are Deaf, Hard of Hearing or have speech disabilities.

Services include:

- Relay Nevada
- Interpreter/CART Registry
- Telecommunications Equipment Distribution
- Sign Language Interpreter/Mentor Program



# Community Services and Supports

Statewide, ADSD subawards approximately \$20 million per year to community partners to provide services and support for older adults, people with disabilities, and family caregivers. Funding for these services come from a variety of sources including state and federal funds. Services are prioritized based on community needs assessments and available funding.

Below is a sample of services available through community partners:

- Assistive Technology for Independent Living
- Transportation
- Caregiver Supportive Services
- Homemaker Services
- Senior Companion
- Congregate Meals
- Home Delivered Meals
- Home Safety, Modification, and Repair
- Community Advocacy Services
- And much more!

## [Nevada Care Connection](#)

**Phone:** 2-1-1

Ask for your local “Nevada Care Connection Resource Center”

Together Nevada CAN support your independence. Nevada Care Connection Resource Centers help people explore their options, plan for care, and connect with the supports and services that meet their needs.

Resource Navigators help individuals explore public, private, informal and veteran services to meet their needs and goals.



# Are You a Caregiver?

## Who are Caregivers?

A caregiver is a relative or other individual who has a “significant relationship with,” and who cares for an individual with a “chronic or other health condition, disability, or functional limitation”.

## Common Signs of Caregiver Stress and Burnout

- Feeling tired and run down
- Difficulty sleeping
- Anxiety, depression, irritability
- New or worsening health problems
- Trouble concentrating
- Cutting back on enjoyable activities

## What is Respite?

Respite is a break from caregiving responsibilities. It is an opportunity to relax, decompress, and re-energize while your loved one continues to get the care they need through a variety of ways: home-based care, skilled nursing, companion care, etc.

Taking care of yourself isn't a luxury, it's a necessity. If you or anyone you know would like to discuss Respite or supportive services, contact [Nevada Care Connection](#) for more information.



# **ADSD Regional Offices**

## **Carson City Administrative Office**

3208 Goni Road, Suite I-181

Carson City, NV 89706

**Phone:** (775) 687-4210

## **Las Vegas Regional Office**

3320 W Sahara Avenue, Suite 100

Las Vegas, NV 89102

**Phone:** (702) 486-3545

## **Reno Regional Office**

9670 Gateway Drive, Suite 100

Reno, NV 89521

**Phone:** (775) 687-0800

## **Elko Regional Office**

1010 Ruby Vista Drive, Suite 104

Elko, NV 89801

**Phone:** (775) 738-1966

For more ADSD locations and information visit our website:

**<https://adsd.nv.gov>**

**To reach us toll-free:**

**1-866-303-6323**

**Email:**

**[adsd@adsd.nv.gov](mailto:adsd@adsd.nv.gov)**